

# Melbourne Community Church (MCC)

Sunday Service — October 8, 2023

## Sermon Notes

**Last Week:**  “Attention: Be Sure To Endure,” [Hebrews 3:7–19](#),

by Brandon Harris, Teaching Pastor

Old Testament Reading: [Psalm 95](#) ; New Testament Reading: [1 Corinthians 10:1-11](#))

Sin is deceitful, tricking us into self-centeredness and self-righteousness. The following things lead to a hard heart:

- Lack of gratitude
- Indifference to what God loves and values
- Doubt and fear
- Ignoring and shutting out the voice of conscience.

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**This Week:** “Jesus’ Rest is Superior to the Rest,” [Hebrews 4:1-13](#), by Brandon Harris, Teaching Pastor

Old Testament Reading: [Isaiah 30:15-18](#) ;

New Testament Reading: [Matthew 11:25-30](#)

To what does the “Therefore” refer to in [Hebrews 4:1](#)?

What is the promise God made to his people? ([Genesis 2:2](#); [Deuteronomy 25:19](#); [Joshua 21:44](#))

Is this promise still valid for those that trust in God? ([Psalm 95](#))

Here again in [Hebrews 4:1](#) we are being warned. What are we admonished to do?

What has been proclaimed again to us?

What do we need to attain the promise?

If we *distrust* God, what will the result be?

Whose rest is available to us, when will the rest be attained, and what will it be like?

If God rested on the seventh day ([Genesis 2:2](#)), why have we not yet entered into it as yet?

When can we enter that rest? ([Hebrews 4:7](#))

(over)

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If God had given Joshua (Israel) rest ([Joshua 21:44](#)) , why does God ([Psalm 95:11](#)) say there is another day to enter into His rest?

There are two rests:

- 1) A future and everlasting rest in the new heaven and earth in the age to come
- 2) Rest from seeking God's approval by our own works.

You fail to enter God's rest for you by failing to rest yourself in Him.

What is the purpose of the Word of God in our lives? ([Philippians 2:12](#))

What does it reveal that can lead to obedience? ([Mark 7:21](#); [Mark 12:33](#))

For introspection and obedience:

- As a believer, are you truly benefiting from God's promised rest today?
- Are you experiencing the peace and forgiveness provided for your soul in Christ, or is your life a spiritual frazzle?
- Do you hear his voice? Will you listen to it today and rest in Christ alone?

**Additional Notes:**

**Internet Resources:** [The Bible Project Video: Hebrews](#); [Download Hebrews Overview Poster](#)

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